

# SEPTEMBER

2018

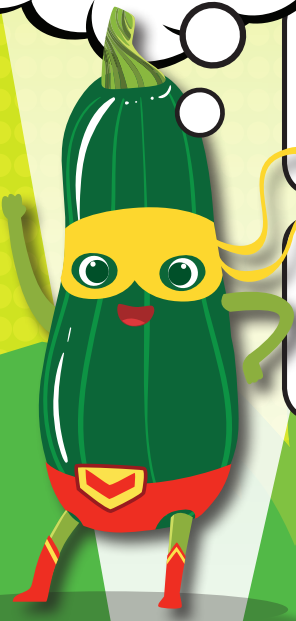
GOOD EATS AT

LCA Cafeteria



M	T	W	TH	F
<p>LABOR DAY No School!</p> <p>3</p>	<p>Tacos Chips &amp; Cheese</p> <p>4</p>	<p>Burgers French Fries</p> <p>5</p>	<p>Meatloaf Mashed Potatoes</p> <p>6</p>	<p>Pizza Caesar Salad</p> <p>7</p>
<p>Chicken Tenders Tater Tots</p> <p>10</p>	<p>Nacho Bar</p> <p>11</p>	<p>Ravioli Bread Stick</p> <p>12</p>	<p>Meatball Sub Salad</p> <p>13</p>	<p>Pizza Caesar Salad</p> <p>14</p>
<p>Burgers French Fries</p> <p>17</p>	<p>Chicken Quesadilla Rice</p> <p>18</p>	<p>Chicken Parm Sandwich Fries</p> <p>19</p>	<p>Sliced Turkey Mashed Potatoes</p> <p>20</p>	<p>Pizza Caesar Salad</p> <p>21</p>
<p>Chicken Tenders Mac &amp; Cheese</p> <p>24</p>	<p>Steak Fajitas Rice &amp; Beans</p> <p>25</p>	<p>Sloppy Joe's Chips</p> <p>26</p>	<p>Chicken Alfredo Garlic Bread</p> <p>27</p>	<p>Pizza Caesar Salad</p> <p>28</p>

I'm **SPEEDY CUE**  
to the rescue!



GET READY

FOR NATIONAL  
SCHOOL LUNCH WEEK  
OCTOBER 8-12